



How to Keep Spiritual Jour Revised: A Guide To Journal Keeping For Inner Growth And Personal Discovery

Ronald Klug

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This revised edition of a thorough guide offers steps for anyone interested in keeping a spiritual journal, from recommendations for notebooks to ways to work through common frustrations and writer's block. Ron Klug relies on his experience as a workshop leader, journal keeper, and author to create a book that is both helpful and wise.

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Christine Hughes:

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