



# **Surviving Armed Assaults: A Martial Artist's Guide to Weapons, Street Violence and Countervailing Force**

*Lawrence A. Kane*

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Fair Fight? Not likely. Least of all from a criminal who is looking to make a quick profit at your expense. A sad fact is that weapon-wielding thugs victimize 1,773,000 citizens every year in the United States alone. Even martial artists are not immune from this deadly threat. Consequently, self-defense training that does not consider the very real possibility of an armed attack is dangerously incomplete.

Whether you live in the city or countryside, you should be both mentally and physically prepared to deal with an unprovoked armed assault at any time. Preparation must be comprehensive enough to account for the plethora of pointy objects, blunt instruments, explosive devices, and deadly projectiles that someday could be used against you.

This extensive book teaches proven survival skills that can keep you safe on the street. A multitude of real-life scenarios and case studies analyzing violent encounters will help you to internalize this crucial knowledge. Contents include:

- Awareness
- Avoidance
- De-escalation
- Countervailing force
- Armed conflict
- Managing the aftermath of violence
- Weapon features and functions

If you are serious about self-defense this book is for you. Everyone, including experienced martial artists, security and law enforcement professionals, and concerned citizens will benefit from this vital information.

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