



## The Integration of Employee Assistance, Work/Life, and Wellness Services

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# **The Integration of Employee Assistance, Work/Life, and Wellness Services**

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From their roots in the occupational alcohol programs in the 1940s, human services programs within organizations have grown exponentially. However, the seamless integration of each facet of those expanding programs into a cohesive whole has proven to be a major challenge. This book presents a comprehensive cross-section of experienced professionals who discuss their efforts to fully integrate employee assistance, work/life, and wellness services. This in-depth examination of concepts and practical application of integrated programs in sponsoring organizations provides practical strategies to make your own organization's human services more useful, and therefore help employees be more productive. The latest research is clearly presented, with a wide-ranging review of current program models in notable organizations that illustrates exactly what is most effective in the field of work-based human services.

This book provides a beneficial perspective on the present state of employee assistance, work/life and wellness services in the workplace, and then takes a detailed look at the economics of integration with a value-benefit analysis. Other chapters include program models at various organizations presented by the professionals fully involved in their implementation. Integration strategies are carefully described for academic settings; external service providers; internal programs; hybrid models; and the public sector. An in-depth critical analysis of integration, its effectiveness, and its real value is presented, along with a chapter on the future of the integration of work-based human services programs. The text is extensively referenced with helpful tables and diagrams to enhance clarity of ideas.

The Integration of Employee Assistance, Work/Life, and Wellness Services examines the unique aspects of integrated programs at:

- University of Arizona
- Johns Hopkins University
- University of California-Berkeley
- Motorola

- Wells Fargo
- Ceridian
- Ernst and Young
- Fairview Hospital
- US House of Representatives, State of Minnesota EAP
- Australia, the United Kingdom, and Europe

This book is essential reading for all Human Relations Professionals particularly those connected with their EAP, work/life, and wellness services, as well as students in related fields.



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#### **Nancy Lowery:**

Precisely why? Because this The Integration of Employee Assistance, Work/Life, and Wellness Services is an ordinary book that the inside of the guide waiting for you to snap that but latter it will distress you with the secret the item inside. Reading this book alongside it was fantastic author who have write the book in such amazing way makes the content inside of easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you because of not hesitating having this anymore or you going to regret it. This unique book will give you a lot of advantages than the other book get such as help improving your skill and your critical thinking approach. So , still want to hesitate having that book? If I were being you I will go to the publication store hurriedly.

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