



# **Narcissism and the Self: Dynamics of Self-Preservation in Social Interaction, Personality Structure, Subjective Experience, and Psychopathology**

*Ralf-Peter Behrendt*

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*Ralf-Peter Behrendt*

**Narcissism and the Self: Dynamics of Self-Preservation in Social Interaction, Personality Structure, Subjective Experience, and Psychopathology** Ralf-Peter Behrendt

This book renews interest in the field of narcissism, showing that narcissism can become a crystallization point for theoretical convergence and simplification. It integrates Kohut's ideas with the works of his sometimes overlooked predecessors and contemporaries (especially Federn, Adler, Horney, Sandler) and revives links between psychoanalysis, on the one hand, and ethology, philosophy, and sociology, on the other. Departing from the insight that coevolved intraspecific aggression and appeasement gestures are critically important for social behaviour, the book asserts the need to maintain feelings of safety (narcissistic equilibrium) at the heart of a wide range of normal and psychopathological phenomena. This provides support for an evolutionarily sensible definition of the self and paves the way for a deterministic approach to culture and society.

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