



Captivating: A Guided Journal: Unveiling the Mystery of a Woman's Soul

John Eldredge, Stasi Eldredge

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Every little girl has dreams of being rescued by the hero, of being swept away into a great adventure, of being the beautiful princess. Sadly, when women grow up, they are taught to be tough, efficient, and independent. Many Christian women are tired, struggling under the weight of the pressure to be a "good servant," a nurturing caregiver, passionate lover, or capable home manager.

What the *Wild at Heart Field Manual* did for men, the *Captivating: A Guided Journal* can do for women. By revealing the three distinctly female desires every woman shares, John and Stasi Eldredge invite participants to recover their feminine hearts, which may have suffered many wounds but were originally defined in the image of a passionate God.



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