



Prevention Psychology: Enhancing Personal and Social Well-Being

John L. Romano

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Psychologists are increasingly consulted by public agencies, school districts, and businesses to assist in the prevention of major problems (e.g., school violence, drug addiction, and employee stress). This book provides a broad overview of the science and practice of prevention, including practical guidance for developing, implementing, and evaluating prevention programs. It reviews the history of prevention; behavior change theories that guide prevention programs; risk and protective factors to target; and professional issues related to ethics, education, and funding for prevention. Example programs from diverse settings are described, including programs in education, health care, and the community.



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