



# Prevention Psychology: Enhancing Personal and Social Well-Being

*John L. Romano*

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## **Prevention Psychology: Enhancing Personal and Social Well-Being** John L. Romano

Psychologists are increasingly consulted by public agencies, school districts, and businesses to assist in the prevention of major problems (e.g., school violence, drug addiction, and employee stress). This book provides a broad overview of the science and practice of prevention, including practical guidance for developing, implementing, and evaluating prevention programs. It reviews the history of prevention; behavior change theories that guide prevention programs; risk and protective factors to target; and professional issues related to ethics, education, and funding for prevention. Example programs from diverse settings are described, including programs in education, health care, and the community.

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