



Geriatric Physical Therapy

Andrew A. Guccione, Dale Avers, Rita Wong

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Geriatric Physical Therapy offers a comprehensive presentation of geriatric physical therapy science and practice. Thoroughly revised and updated, editors Andrew Guccione, Rita Wong, and Dale Avers and their contributors provide current information on aging-related changes in function, the impact of these changes on patient examination and evaluation, and intervention approaches that maximize optimal aging. Chapters emphasize evidence-based content that clinicians can use throughout the patient management process. Six new chapters include: *Exercise Prescription*, *Older Adults and Their Families*, *Impaired Joint Mobility*, *Impaired Motor Control*, *Home-based Service Delivery*, and *Hospice and End of Life*. Clinically accurate and relevant while at the same time exploring theory and rationale for evidence-based practice, it's perfect for students and practicing clinicians. It's also an excellent study aid for the Geriatric Physical Therapy Specialization exam.

- **Comprehensive coverage** provides all the foundational knowledge needed for effective management of geriatric disorders.
- **Content is written and reviewed by leading experts in the field** to ensure information is authoritative, comprehensive, current, and clinically accurate.
- **A highly readable writing style and consistent organization** make it easy to understand difficult concepts.
- **Tables and boxes** organize and summarize important information and highlight key points for quick reference.
- **A well-referenced and scientific approach** provides the depth to understand processes and procedures.
- **Theory mixed with real case examples** show how concepts apply to practice and help you enhance clinical decision-making skills.
- **Standard APTA terminology** familiarizes you with terms used in practice.
- **A new chapter, *Exercise Prescription***, highlights evidence-based exercise prescription and the role of physical activity and exercise on the aging process.
- **A new chapter, *Older Adults and Their Families***, helps physical therapists understand the role spouses/partners and adult children can play in rehabilitation, from providing emotional support to assisting with exercise programs and other daily living activities.
- **New chapters on *Impaired Joint Mobility*, *Impaired Motor Control*, *Home-based Service Delivery*, and *Hospice and End of Life*** expand coverage of established and emerging topics in physical therapy.
- **Incorporates two conceptual models:** the *Guide to Physical Therapist Practice, 2nd Edition*, and the *International Classification of Function, Disability, and Health (ICF) of the World Health Organization (WHO)* with an emphasis on enabling function and enhancing participation rather than concentrating on dysfunction and disability
- **A companion Evolve website** includes all references linked to MEDLINE as well as helpful links to other relevant websites.

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