



Bridging Social Psychology: Benefits of Transdisciplinary Approaches

Paul A. M. Van Lange

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Bridging Social Psychology illuminates the unique contribution the field of social psychology can bring to understanding major scientific and societal problems. The book focuses on illustrating the benefits and costs of bridging social psychology with other fields of psychology, including cognitive, developmental, and personality psychology, as well as other disciplines such as biology, neuroscience and economics. The editor's hope is that the examination of these bridges will result in new theoretical, methodological, and societal benefits.

The 65 essays, written by eminent leaders in the field, demonstrate the relationship of social psychology with: (1) biology, neuroscience and cognitive science; (2) personality, emotion, and development; (3) relationship science, interaction, and health; and (4) organizational science, culture, and economics. The book also examines the key assumptions of social psychology, where the field is headed, and its unique contribution to basic theoretical and broad societal questions (e.g. promoting health in society). Section introductions tie the book together. The book concludes with an enlightening *Epilogue* by Walter Mischel.

This book will appeal to scholars, researchers, and advanced students in social psychology wishing to demonstrate the cross-disciplinary aspect of their research. It will also be of interest to those in neighboring fields of psychology, especially personality, organizational, health, cognitive, and developmental psychology, as well as those in neuroscience, biology, sociology, communication, economics, political science, and anthropology. The user-friendly tone makes the book accessible to those with only a basic knowledge of social psychology. The book also serves as a text for advanced courses in social psychology and/or applied psychology. A helpful table, found on the book's Web site, indicates the cross-disciplinary applications addressed in each essay, to make it easier to assign the book in courses.

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