



How Can I Forgive?: Steps to forgiveness and healing (Lion Pocketbooks)

Vera Sinton

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Once in a while, we may experience a hurt which stops us in our tracks. We feel shocked, outraged. It is unforgivable. Yet bitterness, resentment, failure to forgive can destroy us from within. So how can we forgive? Is forgiveness always right? Is there a source outside ourselves which gives us the power to forgive? This practical, helpful book takes us through the steps to forgiveness and healing.

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