



The Metabolic Syndrome at the Beginning of the XXI Century: A Genetic and Molecular Approach (Spanish Edition)

Jose Antonio Gutierrez

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- El síndrome metabólico es uno de los retos más intrigantes y fascinantes de la medicina contemporánea. Se trata de una patología en la que confluyen problemas de distintas áreas de la medicina: diferentes grados de hipertensión, acumulación de grasa, insulinoresistencia, estados protrombótico y proinflamatorio, todos juntos en la misma persona. Esta concurrencia de factores hace que la persona tenga un riesgo mucho mayor de sufrir enfermedad cardiovascular o diabetes mellitus tipo 2, que lo que la suma de los factores individuales supondría.
- Se trata de una "enfermedad" nueva, que ha llegado a ser un problema de salud pública muy importante en las sociedades desarrolladas y cuya rápida extensión se debe fundamentalmente a la adopción del estilo de vida occidental: fundamentalmente, muy poca actividad física e ingesta excesiva de alimentos.
- Esta obra trata el concepto del Síndrome metabólico en su más amplio sentido y da respuesta a la multitud de incógnitas que todavía presenta esta patología. Con un enfoque multidisciplinar y un equipo de colaboradores internacionales (España, Italia, Japón, Alemania, Estados Unidos, Reino Unido, Finlandia, Australia, etc.) de primer nivel en las distintas áreas, escrita íntegramente en inglés, revisa todos los aspectos relacionados con el Síndrome metabólico, desde el punto de vista de la fisiopatología molecular y la epidemiología genética: obesidad, insulinoresistencia, dislipidemias, hipertensión, enfermedad cardiovascular y otros nuevos como inflamación molecular, estado protrombótico, disfunción endotelial...
- Todos los capítulos presentan un abstract, en inglés y castellano, al inicio de cada capítulo con los puntos fundamentales que se van a desarrollar en ese capítulo.
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