



Briefe über den Yoga Bd. 1: Integraler Yoga und andere Wege (German Edition)

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Sri Aurobindos grundlegendes und gewaltiges Lehrgebäude der Briefe in 4 Bänden erklärt in fundamentaler Weise die Lehre und Methode seines Yoga und greift Fragen der spirituellen Praxis auf. Nachdem sich Sri Aurobindo 1926 fast völlig von der Aussenwelt und vom persönlichen Kontakt mit seinen Schülern zurückgezogen hatte, forderte er diese auf, sich mit ihren Problemen und Fragen schriftlich an ihn zu wenden. So entstanden zwischen 1927-38 die Letters on Yoga – Briefe, die in die Tausende gingen und jeden erdenklichen Aspekt des Integralen Yoga behandeln. Die Antworten auf Fragen seiner Schüler sind von eindrucklichster Klarheit und Unmittelbarkeit. Sie sprechen den spirituell Ausgerichteten an, interessieren durch Umfang und Vollständigkeit an vermitteltem Wissen den Intellektuellen und sind in ihrer Tiefe auch anderen von Nutzen.

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