



Southern Living Fix It and Freeze It/Heat It and Eat It: A quick-cook guide to over 200 make-ahead dishes

Editors of Southern Living Magazine

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Due to technical issues, *Southern Living Fix It and Freeze It/Heat It and Eat It* should only be viewed on the Kindle Fire at this time.

Eat it right away or chill it or freeze it for a quick, delicious, home-cooked meal anytime. Make it a double and do both. With hearty casseroles, party appetizers for hungry crowds, and heat-to-serve soups for quick and hearty meals, *Fix It & Freeze It/Heat It & Eat It* shows you how easy it is to prepare make-ahead meals. You will never again be at a loss about what to serve for dinner. This timesaving approach includes 200 *Southern Living* recipes accompanied by mouthwatering photographs. Each recipe calls for an approachable list of everyday ingredients and satisfies a range of tastes.

These test kitchen–approved recipes were specifically developed to hold well in the refrigerator for up to a couple of days or frozen for up to a couple of months so that they can be enjoyed whenever the need strikes for the ultimate quick and easy meal. Detailed guides for stocking the pantry, fridge, and freezer help busy cooks build an arsenal of ingredients for creating make-ahead meals with holding power.

From favorite dinner dishes like Italian Frittata and Memphis-Style BBQ to crowd pleasers like Chili Relleno Casserole and Baked Ziti when you need to serve a larger group, *Fix It & Freeze It/Heat It & Eat It* covers it all. Of course, we can't forget the kids, and all-time favorites like Mac & Cheese, Lasagna, and Sweet Potato Fritters will have them asking for seconds. They'll need to save room for dessert, though, and with plenty of mouthwatering options you may have trouble saving some for later--so be sure to make plenty!

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