



Play Like You Mean It: Passion, Laughs, and Leadership in the World's Most Beautiful Game

Rex Ryan

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No football fan will want to be without the book that delivers pure, unfiltered Rex Ryan—head coach of the New York Jets and one of the most popular, outspoken, well-liked, and widely respected personalities in the National Football League.

Rex Ryan is known for his exuberance . . . and *Play Like You Mean It* explores every aspect of Ryan's amazing passion for the game of football, plus the lessons he has learned in leadership and motivation during his years in and around the game. In his own words, Ryan takes readers behind the scenes of the NFL as he shares colorful football stories from his experiences with the Jets and the Ravens as well as his years recruiting players, coaching college football, and growing up as a child of legendary NFL coach Buddy Ryan. Rex's unique brand of enthusiasm and motivation comes through on every page.

Most of all, fans will get insider access to Ryan's headline-grabbing, brutally honest, and undeniably entertaining views on the NFL . . . and the very human side of the larger-than-life athletes who devote their lives to the game of football. From Ryan's acceptance of the Jets head coaching job to his success in turning around a team that has long been number two in New York, from his drafting and believing in Mark Sanchez to kicking off the 2010 season with massive expectations (and a target on his back)—this book goes deep, and entertains on every level.

From the Hardcover edition.

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