



## Dr Dawn's Guide to Brain Health

*Dawn Harper*

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## **Dr Dawn's Guide to Brain Health** Dawn Harper

Many conditions affect our brain and nervous system, and this book provides an in-depth guide to the anatomy of our nervous system. Dr Dawn unravels the mysteries of this complex system, looking at what the different parts of our brain do and what happens when they go wrong. Topics include headaches and migraine, epilepsy, stroke, multiple sclerosis, dementia, motor neurone disease, and benign and cancerous brain tumours. The relevant scans and tests, what they involve and what they can show. She also covers warning signs and symptoms, what you need to know from your doctor, and what to expect from your treatment.

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