



Becoming Real: Journey to Authenticity

David Irvine, Irvine David

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This book is for those who understand that people want leaders to get past the gimmicks, fads and flavors of the month -- leaders who are honest and real. To be a real leader one must be a real human being. Then ones' capacity to impact others, comes from the strength of that realness. It is about presence, not position.

Authenticity requires a dedication to seeking the truth about yourself, recognizing your destiny, and bringing more of that realness to what you do. It means realizing that life is not about proving oneself or measuring oneself by the standards of others, but is more about discovering and expressing one's truest nature. While the first half of our life is often about growing up, the authentic journey of the soul is more about growing down. There are no prescriptions for authenticity, for to do so would dishonor the reader's inner promptings and deep wisdom. This book will support, inspire, and encourage readers on their path to finding their authentic self in your own unique way.

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