



Body Care (Growing, Growing Strong)

Connie Jo Smith, Charlotte M. Hendricks, Becky S. Bennett

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As young children become aware of their bodies, they can begin to appreciate and care for their health. Encourage children to feel good about their bodies, prevent the spread of diseases, and gain a measure of independence and control in their lives with this *Body Care* curriculum. Children will understand their bodies and the five senses, and they will learn the importance of washing hands and practicing good hygiene, brushing teeth and promoting good oral health, avoiding germs, and taking medicine.

The curriculum includes

Overviews of the six body care topics

Suggested interest area materials and supports for creating the learning environment

Learning objectives and vocabulary words to introduce and use

Suggestions for evaluating children's understanding of each topic

More than 30 hands-on classroom activities

Family information and take-home activities

This book is part of the Growing, Growing Strong series, a whole-health curriculum for children age three through kindergarten. Together, the books provide a complete set of activities and resources to help you support children's growth and wellness.

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From reader reviews:

Robert Wilkes:

Have you spare time for a day? What do you do when you have more or little spare time? That's why, you can choose the suitable activity with regard to spend your time. Any person spent their own spare time to take a wander, shopping, or went to the Mall. How about open or even read a book called Body Care (Growing, Growing Strong)? Maybe it is being best activity for you. You already know beside you can spend your time along with your favorite's book, you can more intelligent than before. Do you agree with its opinion or you have other opinion?

Shawn Young:

Nowadays reading books become more and more than want or need but also turn into a life style. This reading practice give you lot of advantages. The advantages you got of course the knowledge the particular information inside the book which improve your knowledge and information. The info you get based on what kind of book you read, if you want attract knowledge just go with schooling books but if you want truly feel happy read one together with theme for entertaining including comic or novel. The actual Body Care (Growing, Growing Strong) is kind of guide which is giving the reader capricious experience.

Heather Bly:

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Katherine Hood:

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