



Forgiveness: Finding Peace Through Letting Go

Adam Hamilton

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"If your enemies are starving, feed them some bread; if they are thirsty, give them water to drink." Proverbs 24:17 (CEB)

There is nothing more crippling than holding on to anger. Anger, more than any other emotion, has the power to consume all aspects of our lives, distort our sense of purpose, and destroy our relationship with God.

In the passionate and life-changing book *Forgiveness: Finding Peace Through Letting Go*, bestselling author Adam Hamilton brings the same insight that he applied in the bestseller "Why?" to the challenge of forgiveness. Hamilton argues that revelation comes when we realize that forgiveness is a gift we give ourselves rather than to someone else. He also contends that only when we learn to forgive others and ourselves can we truly receive forgiveness from God.



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Playing with family in a park, coming to see the water world or hanging out with buddies is thing that usually you have done when you have spare time, in that case why you don't try point that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Forgiveness: Finding Peace Through Letting Go, you are able to enjoy both. It is great combination right, you still would like to miss it? What kind of hang type is it? Oh can happen its mind hangout guys. What? Still don't get it, oh come on its identified as reading friends.

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